WHEREAS; as defined by the National Cancer Institute, a blood clot is a mass of blood that forms when platelets, proteins, and cells stick together, often created naturally by the body after an injury to stop the bleeding; and

WHEREAS; while blood clots can help control bleeding, too many or abnormal blood clots can cause serious medical complications, including illness, disability, and death; and

WHEREAS; according to the Centers for Disease Control and Prevention, blood clots can happen to anyone, and 100,000 Americans die of blood clots each year; and

WHEREAS; according to the National Heart, Lung, and Blood Institute, venous thromboembolism is a condition that occurs when a blood clot forms in a vein and can include deep vein thrombosis (DVT), which occurs when a blood clot forms in a deep vein, typically in the lower leg or thigh, blocking the flow of blood circulation in the body, and pulmonary embolism (PE), which occurs when a section of an untreated blood clot breaks off and travels to the lungs creating a blockage that necessitates immediate medical care; and

WHEREAS; symptoms of DVT often present as swelling, pain, tenderness, and redness or discoloration of the skin at the affected area, and symptoms of PE often include difficulty breathing, a faster than usual or irregular heartbeat, coughing up blood, and very low blood pressure, lightheadedness, or fainting; and

WHEREAS; both DVT and PE are serious conditions that are often preventable, underscoring the importance of recognizing the signs and symptoms of blood clots, understanding risk factors and family history, and seeking professional medical treatment as soon as symptoms emerge; and

WHEREAS; this month, the state of Wisconsin joins patients, survivors, healthcare professionals, advocates, and dedicated organizations across the state and county in supporting the "Stop the Clot, Spread the Word" initiative and spreading awareness about the severity, prevalence, and possible prevention of fatal blood clots;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin, do hereby proclaim March 2025 as

BLOOD CLOT AWARENESS MONTH

throughout the State of Wisconsin and I commend this observance to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 14th day of February 2025.

TONY EVERS, Governor

By the Governor:

SARAH GODLEWSKI, Secretary of State